



**The Eurotunnel  
Kent International  
Para-cycling Championships**  
4<sup>th</sup> -5<sup>th</sup> September 2010  
including the EHC Series and  
the British National Paracycling  
Championships



**Communiqué No 011  
British Paracycling Time Trial Championships 2010.**

**Cycles Tricycles and Tandem Championship**

Name	Code	Cat	time	Avg	Pts
WADDON Rik	GBR19770227	C3	18:46	49.620	128.482
McKEOWN Shaun	GBR19800302	C3	19:26	47.918	124.075
WHITE Russell	GBR19740323	C5	18:32	50.262	118.682
TROW Stuart	GBR19760311	C1	16:51	41.460	116.626
CHALLINOR Tim	GBR19670327	C5	19:14	48.396	114.276
FAIRFIELD Nicholas	GBR19701223	C4	19:45	47.159	111.461
STANNIFORD Tom	GBR19890701	C4	19:47	47.076	111.265
CHRISTMAS Martin	GBR19730222	C3	21:52	42.589	110.277
LANE Crystal	GBR19850913	C5	21:31	43.263	109.805
PLESTEAD Matt	GBR19701223	C1	18:07	38.565	108.481

**Hand cycling Championship**

Name	Code	Cat	time	Avg	Pts
MORRIS Rachel	GBR19790425	H3	12:33	37.114	141.281
DARKE Karen	GBR19710625	H2	12:48	36.361	136.032
POOLMAN Marc	GBR19720504	H2	20:59	44.378	129.006
MADDEN Chris	GBR19660331	H2	16:56	41.244	119.896
WICKHAM Rob	GBR19630811	H2	17:01	41.042	119.308
OSBORNE John	GBR19770914	H3	25:03	37.174	111.499
CORPS-BELL Alistair	GBR19690518	H2	19:00	36.758	106.854
LOWDEN Stephen	GBR19840509	H1.2	18:43	24.883	98.274

