

- I wish to enter The Children's Mutual Tunbridge Wells Half Marathon and declare that I am or will be aged 17 or over on 28th February 2010 (if you are under 18 on the date you sign this form, it must be countersigned by your parent or guardian).
- I am an amateur as defined by UK Athletics and will abide by their rules.
- I agree that the organisers (including but not limited to Tunbridge Wells Harriers, their officers and agents) will not be liable for any accident, injury, loss or damage during or as a result of this event even if it arises from negligence.
- I also declare I am medically fit on the date of application and will not participate in the event if medically unfit to run a half marathon.
- I understand that my personal data supplied above to the organisers may be passed to the race chip providers, the race photographers, and the race sponsor, but not to other third parties. We will email you periodic updates concerning the race which we recommend you read but from which you can unsubscribe.
- In the case of abandonment/cancellation of the race by reason of unusually bad weather, the physical impossibility or danger of allowing the race to proceed, compliance with legal requirements or police or other public authority requirements or advice, or other circumstances outside the control of Tunbridge Wells Harriers, I will not be entitled to the return of my entry fee. There are no refunds.
- I will obey the instructions of the police and marshals, but understand that the marshals can only advise motorists and do not have the power to stop traffic, so I will exercise reasonable road sense and caution when running (or walking) on and crossing roads. When running (or walking) on the road I will remain on the left hand half of the road unless directed otherwise by the Police or a marshal.

If you do not wish to receive information about future Harriers events tick here

#### How did you hear about The Children's Mutual Tunbridge Wells Half Marathon?

Signed

Date

Parent/Guardian's  
signature

(if entrant under 18)

Date



#### We are proud to be supporting the CARDIOMYOPATHY ASSOCIATION.

The charity provides information and support to families affected by the heart muscle disease cardiomyopathy, which is well known to affect runners suddenly and sometimes fatally. The CMA also promotes excellence in clinical practice by providing education for doctors and nurses, and funding regional clinics.

PLEASE CONSIDER RAISING MONEY FOR THIS WORTHY CAUSE BY GAINING SPONSORSHIP FOR TAKING PART IN THE RACE. Contact the CMA on 0800 0181 024 or email: [info@cardiomypathy.org](mailto:info@cardiomypathy.org)

Office use only:

Race number

£



# The Children's Mutual Tunbridge Wells Half Marathon

10am Sunday 28th February 2010  
Organised by Tunbridge Wells Harriers

A testing, single lap course through some of Kent's finest countryside  
(UKA Permit applied for – run under UKA rules)

Incorporating the SEAA Half Marathon Championships 2010 **SEAA**



Photo: Courier Newspaper Group

Online entries via [www.twharriers.org.uk](http://www.twharriers.org.uk)



Winner of the Runner's World 'Most Improved Event Award' 2009

## Race start 10.00am

The race starts at Tunbridge Wells Sports Centre, St John's Rd, Tunbridge Wells, Kent TN4 9TX and includes:

- Electronic chip timing and an accurately measured course
- Medal, technical running t-shirt and goody bag
- TAUT sports drink on the course
- Changing and supervised bag storage
- Partial road closures

## Entry Eligibility

The race is open to runners of all abilities over the age of 17 years. We regret that the course is not suitable for wheelchair athletes. Runners are not allowed to compete with dogs or buggies.

## Entry Fee

The entry fee is £19.50 for UK Athletics affiliated club members and £21.50 for non-affiliated runners.

**NO ENTRIES ON THE DAY.**

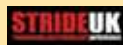
## Trophies and Prizes

- **1st Male and Female – Cash and vouchers to the value of £650**  
Comprises £250 cash plus prizes of 2XU compression clothing, a pair of Newton shoes and a voucher for StrideUK.
- **2nd Male and Female – Cash and vouchers to the value of £350**  
Comprises £150 cash, plus 2XU compression clothing.
- **3rd Male and Female – Cash and vouchers to the value of £250**  
Comprises £100 cash, plus 2XU compression clothing.
- **Prizes and trophies awarded to each male and female UKA age category**
- **Trophies to UKA Affiliated Clubs** (1st, 2nd and 3rd overall Male and Female teams, 3 to score)

With grateful thanks to all our sponsors and partners:



Sainsbury's



Official race charities  
CMA and Ickle Pickles



Also helping to support  
the Dame Kelly Holmes  
Legacy Trust



## Entry Form – (Online entry is available via [www.twharriers.org.uk](http://www.twharriers.org.uk) for same cost as postal entry).

Please fill in and return this entry form **before 15th February 2010** and cheque (with your name and address on the reverse) payable to **TUNBRIDGE WELLS HARRIERS**, to the following address:

**The Children's Mutual Tunbridge Wells Half Marathon,  
c/o Peter Tullett, 38 Claremont Rd, Tunbridge Wells, Kent TN1 1TA**

**Please note:** Race packs will be sent out two weeks before the race, or earlier.

**Check website for updates – [www.twharriers.org.uk](http://www.twharriers.org.uk)**

**Enquiries to 01892 531335 or email: [halfmarathon@twharriers.org.uk](mailto:halfmarathon@twharriers.org.uk)**

**PLEASE USE BLOCK CAPITALS.**

NAME

DOB

AGE ON 28th FEB 2010

ADDRESS

TOWN

COUNTY

POSTCODE

GENDER (M/F)

TELEPHONE

EMAIL  
(FOR EMAIL  
RACE DETAILS)

EA AFFILIATED CLUB

EA REGISTRATION No.

(WHERE RELEVANT)

**I am eligible to enter the SEAA Half Marathon Championships**

(I am member of an EA affiliated running club in the South of England.  
& able to run sub 72 mins for men & sub 85 mins for women for  
a half marathon.)

**Entry fee enclosed** (£19.50 EA affiliated or £21.50 non-affiliated)

**I would like to make an optional donation to the CMA of:**

**I enclose a cheque payable to Tunbridge Wells Harriers for total of**

Do **NOT** send a SAE with your entry. TW Half Marathon will cover all postage.